

Medic First Aid Syllabus

Course Title:	Medic First Aid Basic CPR and First Aid for Adults (Bloodborne Pathogens safety is instructed in with this class).
Regulatory Reference:	Meets state and federal OSHA requiremetns.
Target Groups:	Workers who have need to provide basic first aid care and CPR in the workplace.
Prerequisites:	None
Objective:	Provide basic skills in adult first aid care, adult CPR and use of an AED. Emphasis is on safely identifying and managing immediate, life-threatening medical emergencies. Training focuses on the basic information, assessment, and skills to offer the best chance for survival for the patient.
Course Structure:	Safety and Training Consultants employs certified Medic First Aid instructors. Medic First Aid training curriculums are designed following current medical and educational guidelines and meet federal and state OSHA regulatory requirements for training employees in adult CPR and first aid. Class consists of: <ul style="list-style-type: none">• Core program - a video driven learning setting to teach basic first aid knowledge and CPR techniques and skills.• Skills training in basic CPR for Adults• Automatic External Defibrillator training is integrated into CPR evolutions.
Completion Requirements:	Student must actively participate in all skills activities to the satisfaction of the instructor.
Course Length:	5 hours (4 hours first aid/CPR, 1 additional hour for BBP)
Class Size:	1-12 for a single instructor. Please discuss your situation with one of our schedulers for classes larger than 12.