



Fit Test

Course Title:	Fit Test
Regulatory & Technical Reference:	1910.135 1910.134 (f)
Target Groups:	All levels of employees required to wear tight-fitting face piece respirator before initial use of the respirator, and annually after that.
Prerequisites:	None.
Objective:	This activity complies with CFR 1910.134(f)(2) and CFR 1910.134(f)(3) in ensuring employees have an appropriate seal around their face if they wear a tight-fitted respirator as per their duties.
Course Design:	This activity is designed to ensure that the employee has a proper seal around their face with the specific type of respirator and size of respirator that shall be used on the work site. The evaluation will be done by either qualitative or quantitative means.
Completion Requirements:	In order to complete this activity the employee must first remove all facial hair with the exception of an above mouth mustache. During the fit test the employee must maintain an acceptable seal around his/her face and the respirator being used above acceptable levels throughout the duration of the test.
Course Length:	15 – 30 minutes.
Class Size:	1 – 20 students.